

Pre-Op Instructions Pediatric

One of our Pre-Op Nurses will attempt to contact you by phone within 1 week of your scheduled procedure. Keep these forms handy as a review of the patient's health history and these instructions will be discussed. You will also be given your surgery time, arrival time, fasting times, and medication guidelines.

Important Information

- **DO NOT EAT OR DRINK AFTER THE TIMES INDICATED AND HAVE AN ESCORT AVAILABLE TO GIVE YOU A RIDE HOME AFTER DISCHARGE OR YOUR SURGERY WILL BE CANCELLED**
- **We require that a responsible adult stay with the pediatric patient for the first 24 hours after surgery**
- **Patients under 18 years of age MUST have a parent or legal guardian remain on site at all times**
- **Please bring photo ID (of responsible party), insurance card(s) & pre-payment (if requested)**

Covid Testing Pre-operatively

- **ALL PATIENTS are required to obtain a covid test 12-72 hours before their scheduled surgery date**
- **Please call, or go online to schedule an appointment at Northwest Labs for your pre-op covid test**
Located at 3548 Meridian Street Suite 101 Bellingham, WA 98225
(360)527-4580 OR nwlaboratory.com

Date of Surgery: _____ **Surgery Time:** _____ (surgery times are approximate)

Arrival Time:

Fasting Guidelines

Patients less than 6 months old may have:

- Breast milk or formula up to 4 hours prior to arrival: **STOP @** _____
- Sugar water or diluted apple juice up to 2 hours prior to arrival: **STOP @** _____

Patients between 6 months and 3 years old may have:

- Breast milk, formula, solid food, up to 6 hours prior to arrival: **STOP @** _____
- Apple juice and sugar water up to 3 hours prior to arrival: **STOP @** _____

Patients 3 years old and older may have:

- Solid food up to 8 hours prior to arrival: **STOP @** _____
- Apple juice and water up to 3 hours prior to arrival: **STOP @** _____

General Instructions/Information

- ✓ Help the patient bathe the night before or the morning of surgery using a fresh bar or liquid antibacterial soap (examples: Dial, Safeguard).
- ✓ **Do not** use lotion, cream, or powder on their skin after bathing.
- ✓ Patients may wear pajamas or any comfortable outfit, they will change into a gown upon arrival.
- ✓ The parent(s)/guardian(s) will stay with the patient until surgery, at which time they will return to the lobby.

After Surgery

- ✓ Following surgery, the surgeon will return to the lobby to discuss the procedure with the parent(s)/guardian(s).
- ✓ **Once the patient awakes**, a nurse will bring the parent(s)/guardians(s) to be with the patient (limit 2 visitors).
- ✓ While in the recovery room, the nurse will discuss the post-op care instructions, provide a written copy to take home, call pharmacy with any prescriptions and make a follow-up appointment with surgeon's office if needed.
- ✓ Tonsillectomy patients are required to stay a minimum of 2 hours in the recovery room.
- ✓ Movie players are available for our pediatric patients. You may also bring their favorite movie for viewing.
- ✓ PROSC is not responsible for lost items.

- ✓ *If you have any questions, please call: **Pacific Rim Outpatient Surgery Center @ (360) 788-7740***